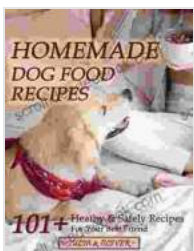


101 Healthy and Safely Homemade Dog Food Recipes: Vet-Approved Nutrition

As a responsible dog owner, you want to provide your furry friend with the best possible nutrition. Commercial dog food can be convenient, but it's often filled with fillers, preservatives, and artificial ingredients. Making your own dog food at home allows you to control the ingredients and ensure that your dog is getting the nutrients they need. Here are 101 healthy and safely homemade dog food recipes that are vet-approved for nutritional value:

1. Chicken and Rice Casserole



Homemade Dog Food Recipes: 101+ Healthy And Safely Homemade Dog Food Recipes Vet Approved, Nutritionally Complete Homemade Dog Food Cookbook

by Amy Vaughan-Spencer

★★★★☆ 4.2 out of 5

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This classic recipe is a great way to introduce your dog to homemade food. It's easy to make and packed with protein, carbohydrates, and vegetables.

Ingredients:

* 1 pound boneless, skinless chicken breasts, cooked and shredded * 1 cup brown rice, cooked * 1 cup carrots, chopped * 1 cup green beans, chopped * 1/2 cup peas, frozen or fresh * 1/4 cup chicken broth * 1 tablespoon olive oil

Instructions:

1. Preheat oven to 350 degrees F (175 degrees C). 2. In a large bowl, combine all ingredients. 3. Pour mixture into a greased 9x13 inch baking dish. 4. Bake for 30 minutes, or until heated through. 5. Let cool before serving.

2. Beef and Sweet Potato Stew



This stew is a great source of protein, carbohydrates, and vitamins. It's also easy to digest, making it a good choice for dogs with sensitive stomachs.

Ingredients:

* 1 pound ground beef * 1 cup sweet potato, peeled and cubed * 1 cup carrots, chopped * 1 cup green beans, chopped * 1/2 cup brown rice * 1/4

cup beef broth * 1 tablespoon olive oil

Instructions:

1. In a large pot or Dutch oven, brown the ground beef over medium heat.
2. Add the sweet potato, carrots, green beans, rice, and beef broth.
3. Bring to a boil, then reduce heat and simmer for 30 minutes, or until the vegetables are tender.
4. Let cool before serving.

3. Fish and Vegetable Medley



This recipe is a great source of protein, omega-3 fatty acids, and vitamins. It's also low in calories, making it a good choice for dogs who are

overweight or obese.

Ingredients:

* 1 pound white fish, such as cod or pollock, cooked and flaked * 1 cup carrots, chopped * 1 cup green beans, chopped * 1/2 cup peas, frozen or fresh * 1/4 cup brown rice * 1/4 cup chicken broth * 1 tablespoon olive oil

Instructions:

1. In a large bowl, combine all ingredients. 2. Pour mixture into a greased 9x13 inch baking dish. 3. Bake for 30 minutes, or until heated through. 4. Let cool before serving.

4. Turkey and Pumpkin Chili



This chili is a great source of protein, fiber, and vitamins. It's also low in fat, making it a good choice for dogs who are overweight or obese.

Ingredients:

* 1 pound ground turkey * 1 cup pumpkin puree * 1 cup carrots, chopped *
1 cup green beans, chopped * 1/2 cup brown rice * 1/4 cup chicken broth *

1 tablespoon olive oil

Instructions:

1. In a large pot or Dutch oven, brown the ground turkey over medium heat.
2. Add the pumpkin puree, carrots, green beans, rice, and chicken broth.
3. Bring to a boil, then reduce heat and simmer for 30 minutes, or until the vegetables are tender.
4. Let cool before serving.

5. Lamb and Oatmeal Porridge



This porridge is a great source of protein, carbohydrates, and fiber. It's also easy to digest, making it a good choice for dogs with sensitive stomachs.

Ingredients:

* 1 pound lamb, ground * 1 cup oatmeal * 1 cup carrots, chopped * 1 cup green beans, chopped * 1/2 cup chicken broth * 1 tablespoon olive oil

Instructions:

1. In a large pot or Dutch oven, brown the lamb over medium heat. 2. Add the oatmeal, carrots, green beans, and chicken broth. 3. Bring to a boil, then reduce heat and simmer for 30 minutes, or until the oatmeal is cooked through. 4. Let cool before serving.

6. Chicken and Apple Stir-Fry



This stir-fry is a great source of protein, carbohydrates, and vitamins. It's also low in fat, making it a good choice for dogs who are overweight or obese.

Ingredients:

* 1 pound boneless, skinless chicken breasts, cooked and sliced * 1 cup apple, peeled and chopped * 1 cup carrots, chopped * 1 cup green beans, chopped * 1/2 cup brown rice * 1/4 cup chicken broth * 1 tablespoon olive oil

Instructions:

1. In a large skillet or wok, heat the olive oil over medium heat. 2. Add the chicken, apple, carrots, green beans, and rice. 3. Stir-fry until the vegetables are tender, about 5 minutes. 4. Add the chicken broth and cook until heated through. 5. Let cool before serving.

7. Turkey and Sweet Potato Shepherd's Pie



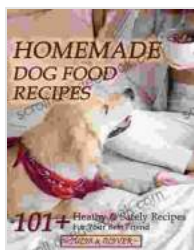
This shepherd's pie is a great source of protein, carbohydrates, and vitamins. It's also easy to make and can be tailored to your dog's individual needs.

Ingredients:

* 1 pound ground turkey * 1 cup sweet potato, peeled and mashed * 1 cup carrots, chopped * 1 cup green beans, chopped * 1/2 cup brown rice * 1/4 cup chicken broth * 1 tablespoon olive oil

Instructions:

1. Preheat oven to 350 degrees F (175 degrees C). 2. In a large pot or Dutch oven, brown the ground turkey over medium heat. 3. Add the carrots, green beans, rice, and chicken broth. 4. Bring to a boil, then reduce heat and simmer for 30 minutes, or until the vegetables are tender. 5. Pour the mixture into a greased 9x13 inch baking dish. 6. Top with the mashed sweet potato



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