

# Basic Technique And Simple Projects To Start With Embroidery

Embroidery is a beautiful and versatile craft that can be used to create a variety of projects, from simple embellishments to complex works of art. In this article, we will discuss the basic techniques of embroidery and provide instructions for completing three simple projects.



## Sashiko Embroidery Beginners Book: Basic Technique and Simple Projects To Start by Emily Beffrey

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## Basic Techniques

There are a few basic techniques that are used in embroidery. These include:

- **Running stitch:** The running stitch is the most basic embroidery stitch. It is created by bringing the needle up through the fabric from the back, then inserting it back into the fabric a short distance away. The stitches are repeated in a straight line.

- **Backstitch:** The backstitch is a stronger stitch than the running stitch. It is created by bringing the needle up through the fabric from the back, then inserting it back into the fabric a short distance away. The needle is then brought back up through the fabric at the starting point of the stitch. The stitches are repeated in a straight line.
- **Satin stitch:** The satin stitch is a smooth, shiny stitch that is used to create filled areas. It is created by bringing the needle up through the fabric from the back, then inserting it back into the fabric a short distance away. The needle is then brought back up through the fabric next to the first stitch, and the process is repeated. The stitches are repeated in a close, parallel rows.
- **French knot:** The French knot is a small, raised knot that is used to add texture and interest to embroidery. It is created by bringing the needle up through the fabric from the back, then wrapping the thread around the needle twice. The needle is then inserted back into the fabric at the starting point of the stitch, and the thread is pulled tight.

## Simple Projects

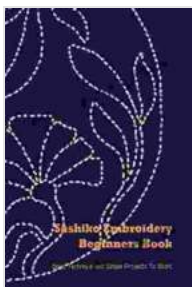
Once you have mastered the basic techniques of embroidery, you can start to work on simple projects. Here are three simple projects that are perfect for beginners:

1. **Embroidered bookmark:** An embroidered bookmark is a simple and useful project that can be used to mark your place in a book. To make an embroidered bookmark, you will need a piece of fabric, embroidery thread, a needle, and a pair of scissors. First, cut a piece of fabric to the desired size of your bookmark. Then, fold the fabric in half and sew the edges together. Next, embroider a design on the front of the

bookmark. You can use any of the basic stitches discussed above. Finally, trim the excess fabric around the edges of the bookmark.

2. **Embroidered coaster:** An embroidered coaster is a simple and stylish way to protect your table from spills. To make an embroidered coaster, you will need a piece of fabric, embroidery thread, a needle, and a pair of scissors. First, cut a piece of fabric to the desired size of your coaster. Then, embroider a design on the fabric. You can use any of the basic stitches discussed above. Finally, trim the excess fabric around the edges of the coaster.
3. **Embroidered pillowcase:** An embroidered pillowcase is a beautiful and personal way to add a touch of style to your bedroom. To make an embroidered pillowcase, you will need a pillowcase, embroidery thread, a needle, and a pair of scissors. First, insert the pillowcase into an embroidery hoop. Then, embroider a design on the pillowcase. You can use any of the basic stitches discussed above. Finally, remove the pillowcase from the embroidery hoop and trim the excess fabric around the edges.

Embroidery is a beautiful and versatile craft that can be used to create a variety of projects. With a little practice, you can master the basic techniques of embroidery and start creating your own unique works of art.

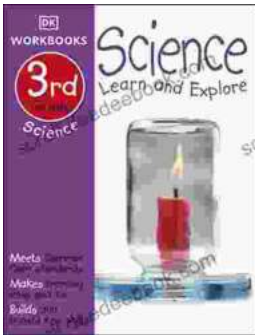


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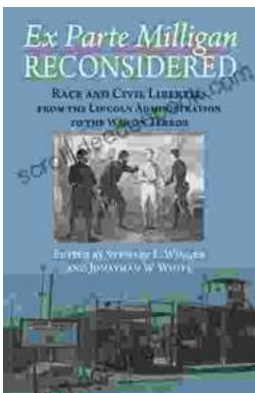
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