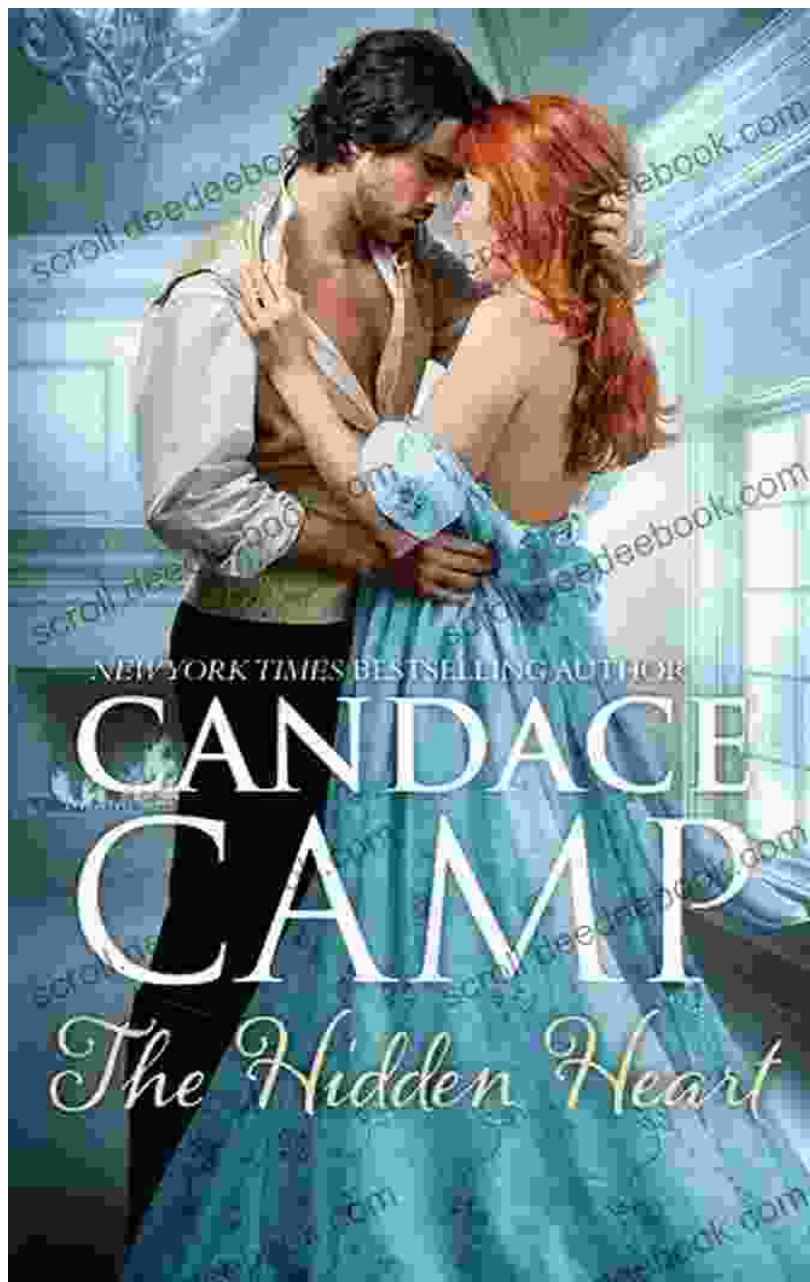


# Into Umbria: Travels in Italy's Hidden Heart with Candace Cotton



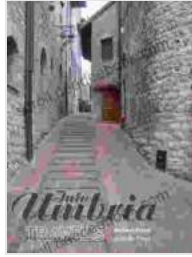
**Into Umbria: Travels** by Candace Cotton

★★★★★ 5 out of 5

Language : English

File size : 4728 KB

Text-to-Speech : Enabled



Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 104 pages  
Lending : Enabled



## A Journey Through the Heart of Italy

In her captivating book, *Into Umbria: Travels in Italy's Hidden Heart*, author Candace Cotton takes readers on an unforgettable journey through the enchanting region of Umbria, Italy. With her keen eye for detail and evocative prose, Cotton brings to life the region's rich history, culture, and stunning landscapes, offering readers a glimpse into a world that is often overlooked by tourists.

Cotton's journey begins in the medieval town of Assisi, the birthplace of Saint Francis. From there, she ventures into the rolling hills of the Umbrian countryside, visiting ancient ruins, exploring charming villages, and savoring the region's delicious cuisine. Along the way, she meets a cast of colorful characters, from local farmers and artisans to historians and scholars, who share their insights and experiences of life in Umbria.

Cotton's writing is both informative and deeply personal. She weaves together historical anecdotes, cultural observations, and personal reflections, creating a narrative that is both engaging and thought-provoking. Through her eyes, readers experience the beauty and tranquility of Umbria, as well as the challenges and triumphs of its people.

## **A Must-Read for Travelers and Italophiles**

*Into Umbria: Travels in Italy's Hidden Heart* is a must-read for anyone who loves to travel, particularly those who are interested in exploring Italy beyond the typical tourist destinations. Cotton's book is a treasure trove of information and inspiration, providing readers with a unique and intimate perspective on one of Italy's most captivating regions.

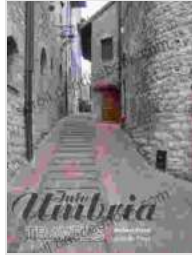
Whether you are planning a trip to Umbria or simply want to armchair travel from the comfort of your own home, *Into Umbria* is a book that will transport you to a world of beauty, history, and culture. It is a book that will stay with you long after you finish reading it, inspiring you to seek out your own adventures and to appreciate the hidden gems that can be found off the beaten path.

### **About the Author**

Candace Cotton is an award-winning travel writer and photographer who has written extensively about Italy. She is the author of several books, including *The Umbrian Table: Recipes from Italy's Heartland* and *A Traveler's Guide to Umbria*. Cotton has also written for numerous publications, including *National Geographic Traveler*, *The New York Times*, and *Condé Nast Traveler*.

Cotton's love of Italy began when she first visited the country as a college student. She has since returned to Italy many times, and she has developed a deep appreciation for the country's history, culture, and people. Cotton currently lives in Umbria, where she continues to write and explore the region's hidden gems.

**Into Umbria: Travels** by Candace Cotton

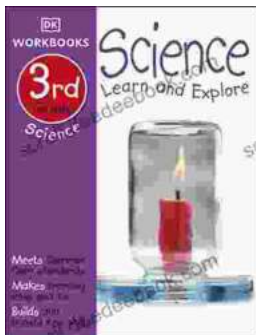


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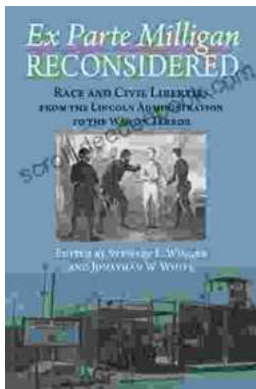
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