Journey of Women in the World of Mining: **Breaking Barriers and Inspiring Change**



Walking My Truth: A Journey of Women in the World of

Mining by Travis Mays



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The mining industry has long been dominated by men, but that is slowly changing. In recent years, more and more women have been entering the field, breaking down barriers and inspiring change.

Challenges Faced by Women in Mining

Women in mining have faced a number of challenges throughout history. These challenges include:

- Discrimination and prejudice
- Lack of access to training and education
- Limited opportunities for advancement
- Harassment and violence

Despite these challenges, women have persevered and made significant contributions to the mining industry.

Achievements of Women in Mining

Women have made a number of important achievements in the mining industry. These achievements include:

- Working in a variety of roles, from miners to engineers to managers
- Developing new technologies and methods
- Improving safety and health standards
- Promoting environmental stewardship

Women have also played a key role in the development of mining communities. They have established schools, hospitals, and other social services. They have also worked to protect the environment and ensure that mining operations are sustainable.

Inspiring Stories of Women in Mining

There are many inspiring stories of women who have overcome adversity to succeed in the mining industry. Here are a few examples:

• Margaret Sanger was a nurse and activist who worked to improve the health and safety of women in the early 1900s. In 1911, she founded the National Birth Control League, which later became Planned Parenthood. Sanger's work helped to reduce the number of women who died from childbirth and to improve the quality of life for women and their families.

- Elizabeth Cochrane Seaman was a journalist and inventor who became known as "Nellie Bly." In 1887, she went undercover as a patient at a mental institution to expose the abuse and neglect that patients were subjected to. Bly's work led to reforms in the mental health system.
- Grace Hopper was a computer scientist and U.S. Navy rear admiral. She was one of the developers of the first computer programming language, COBOL. Hopper's work helped to make computers more accessible and user-friendly.

These are just a few examples of the many inspiring women who have made a difference in the world. Their stories are a reminder that anything is possible if you have the courage to follow your dreams.

The journey of women in the mining industry has been a challenging yet inspiring one. Women have faced discrimination and prejudice, but they have also made significant contributions and broken down barriers. The stories of women miners are a testament to the power of resilience, determination, and the human spirit.

As we look to the future, it is important to continue to support women in mining and to create a more inclusive and equitable industry. By working together, we can create a world where women have the same opportunities as men to succeed in the mining sector and beyond.

Resources

- Women in Mining
- Women in Mining I Mining.com

Diversity and Inclusion I ICMM



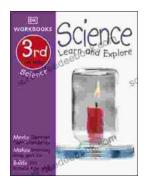
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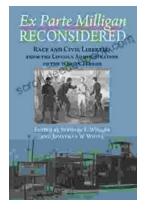
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