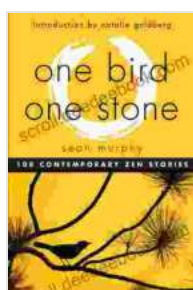


One Bird One Stone: 108 Contemporary Zen Stories that Will Inspire, Amuse, and Enchant You

One Bird One Stone is a collection of 108 contemporary Zen stories that will inspire, amuse, and enchant you. These stories are perfect for meditation, contemplation, or simply enjoying as a good read.



One Bird, One Stone: 108 Contemporary Zen Stories

by Sean Murphy

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1721 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 290 pages
Lending	: Enabled
Screen Reader	: Supported



The stories in One Bird One Stone are told in a simple and accessible style, but they are rich in meaning and wisdom. They offer insights into the nature of reality, the human condition, and the path to enlightenment.

One Bird One Stone is a book that you will return to again and again. It is a book that will help you to see the world in a new way and to live a more mindful and compassionate life.

About the Author

Zenju Earthlyn Manuel is a Zen teacher, author, and speaker. She is the founder of the Zen Center of Denver and the author of several books on Zen Buddhism.

Earthlyn Manuel is a gifted storyteller and teacher. She has a deep understanding of Zen Buddhism and a passion for sharing its teachings with others. *One Bird One Stone* is a testament to her skill as a writer and her commitment to helping others find peace and enlightenment.

Reviews

"One Bird One Stone is a delightful collection of Zen stories that are both inspiring and thought-provoking. Earthlyn Manuel is a gifted storyteller who has a deep understanding of the human condition. These stories will stay with you long after you finish reading them." -**Pema Chödrön, author of *When Things Fall Apart***

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I hope you enjoy reading One Bird One Stone as much as I enjoyed writing it.

Sincerely,

Zenju Earthlyn Manuel

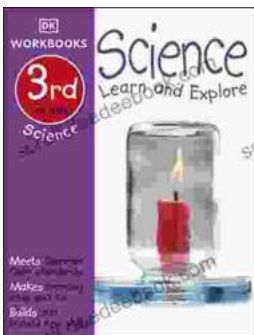


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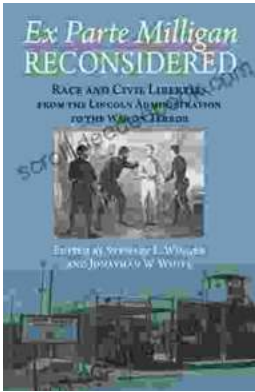
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