

# Purposed to Rise: The Inspiring Journey of Menna Van Praag - A Blind Woman's Unwavering Determination



## **PURPOSED TO RISE** by Menna van Praag

★★★★★ 5 out of 5

Language : English  
File size : 2376 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 170 pages  
Lending : Enabled



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Menna Van Praag is a living testament to the extraordinary human spirit that can triumph over adversity. Despite losing her sight at the tender age of three due to a rare form of cancer, she has risen above her challenges with unwavering determination and an unwavering belief in her purpose in life.

### **Early Life and Education:**

Born in England in 1967, Menna's early life was marked by tragedy and triumph. Diagnosed with retinoblastoma, a type of eye cancer, she underwent multiple surgeries to remove her tumors. However, despite the best efforts of medical professionals, Menna lost her sight completely at the age of three.

Undeterred by her disability, Menna embarked on her educational journey with remarkable fortitude. She attended mainstream schools, where she excelled academically, earning a bachelor's degree in philosophy and English literature from the University of Bristol. Her love of learning and determination to succeed served as an inspiration to her classmates and teachers.

### **Writing and Speaking Career:**

Menna's passion for storytelling and sharing her experiences led her to pursue a career in writing and public speaking. In 2002, she published her first book, "My Journey to the Light: A Personal Story of Triumph Over Adversity." This powerful memoir chronicled her journey of overcoming

blindness and the lessons she learned along the way. The book received critical acclaim and became an instant bestseller, touching the hearts of readers worldwide.

Building on the success of her book, Menna embarked on a global speaking tour, sharing her message of hope and resilience with audiences from all walks of life. Her dynamic storytelling abilities, combined with her infectious optimism, have captivated thousands of people, leaving them inspired and empowered.

### **Disability Advocacy:**

Beyond her writing and speaking engagements, Menna is a tireless advocate for disability rights. She has been instrumental in raising awareness about the challenges faced by people with disabilities and the need for societal inclusion. Through her work with organizations such as the Royal National Institute of Blind People (RNIB) and the World Blind Union (WBU), Menna has played a pivotal role in advocating for accessible education, employment, and societal attitudes.

Menna firmly believes that people with disabilities should be valued and respected for their abilities, not defined by their limitations. She empowers individuals to embrace their unique strengths and challenges, encouraging them to live full and meaningful lives.

### **Personal Life and Inspiration:**



Menna's unwavering determination and positive outlook extend to all aspects of her life. She is a loving wife and mother to two beautiful children. Her family provides her with unwavering support and serves as a constant source of inspiration.

Menna's life story is a powerful reminder that adversity can bring out the best in us. She has overcome challenges with grace and resilience, inspiring countless individuals to never give up on their dreams.

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Menna Van Praag is a true embodiment of the adage, "Where there is a will, there is a way." Her journey to rise above blindness and become an internationally renowned author, speaker, and disability advocate is a

testament to the indomitable human spirit. Menna's unwavering determination, infectious optimism, and unwavering belief in her purpose have not only transformed her own life but also touched the lives of countless others.

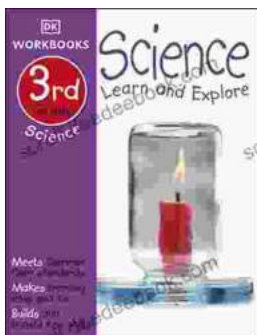
May Menna's story continue to inspire us all to embrace our own challenges with courage and resilience. By pursuing our passions and living a purpose-driven life, we can all make a positive impact on the world.



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