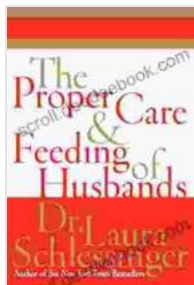


The Proper Care and Feeding of Husbands

As a wife, it is your responsibility to take care of your husband. This includes providing him with food, water, clothing, shelter, and love. But it also includes more than that. It includes making sure he is happy and healthy. In this article, we will provide you with all the information you need to know about the proper care and feeding of husbands.

What to Feed Him

One of the most important things you can do for your husband is to feed him well. This means providing him with a healthy and balanced diet that meets his nutritional needs. Some of the foods that are good for husbands include:



The Proper Care and Feeding of Husbands

by Laura Schlessinger

★★★★☆ 4.6 out of 5

Language : English
File size : 1114 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 208 pages
Screen Reader : Supported



* Lean protein, such as chicken, fish, and beans * Fruits and vegetables *
Whole grains * Low-fat dairy products

You should also make sure to limit his intake of processed foods, sugary drinks, and unhealthy fats.

How to Keep Him Entertained

In addition to feeding him well, you also need to keep your husband entertained. This means providing him with things to do that he enjoys. Some of the things that husbands enjoy include:

* Spending time with family and friends * Watching movies and TV shows *
Playing video games * Reading books * Listening to music

You can also keep him entertained by planning special activities for him, such as going out to dinner, taking a trip, or attending a sporting event.

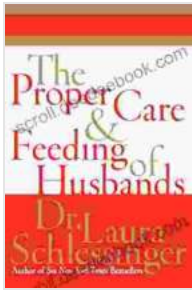
How to Keep Him Happy

Of course, the most important thing you can do for your husband is to make him happy. This means being supportive, understanding, and loving. It also means being there for him when he needs you and making him feel appreciated.

Some of the things you can do to make your husband happy include:

* Showing him affection * Complimenting him * Giving him gifts * Spending time with him * Listening to him

By following the tips in this article, you can create a lasting and loving relationship with your husband. Remember, the proper care and feeding of husbands is essential for a happy and healthy marriage.



The Proper Care and Feeding of Husbands

by Laura Schlessinger

★★★★☆ 4.6 out of 5

Language : English
File size : 1114 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 208 pages
Screen Reader : Supported

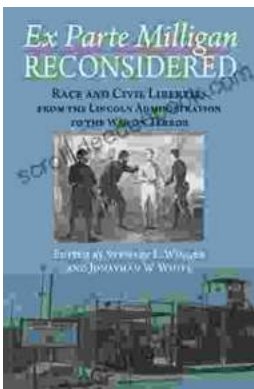
FREE

DOWNLOAD E-BOOK



Dk Workbooks Science Third Grade: An In-Depth Exploration of Learning and Discovery

Science education plays a pivotal role in shaping young minds, fostering curiosity, critical thinking skills, and a lifelong appreciation for the natural...



Ex Parte Milligan Reconsidered: A Long Tail Analysis

Ex Parte Milligan was a landmark Supreme Court case that ruled that military tribunals could not try civilians in areas where the civil courts...